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From the Inside Flap. In this insightful and eclectic history, Adrian Miller delves into the influences, ingredients, and innovations that make up the soul food tradition. Focusing each chapter on the culinary and social history of one dish--such as fried chicken, chitlins, yams, greens, and "red drinks"--Miller uncovers how it got on the soul food plate and what it means for African American culture and identity.

Soul Food: The Surprising Story of an American Cuisine ...

Soul Food: The Surprising Story of an American Cuisine, One Plate at a Time by Adrian Miller (UNC Press 2013)(641.59296). Nicely done, Adrian Miller! You made this native white southerner's mouth water. I grew up eating the same foods that

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the author described so eloquently and so lovingly.

Soul Food: The Surprising Story of an American Cuisine ...

Soul Food: The Surprising Story of an American Cuisine, One Plate at a Time. Soul Food. : Adrian Miller. UNC Press Books, Aug 15, 2013 - Cooking - 352 pages. 0 Reviews. 2014 James Beard Foundation...

Soul Food: The Surprising Story of an American Cuisine ...

Soul Food: The Surprising Story of an American Cuisine, One Plate at a Time. Soul Food. : Adrian Miller. University of North Carolina Press, 2013 - Cooking - 332 pages. 0 Reviews. 2014 James Beard Foundation Book Award, Reference and Scholarship. Honor Book for Nonfiction, Black Caucus of the American Library Association. In this insightful and eclectic history, Adrian Miller delves into the influences, ingredients, and innovations that make up the soul food tradition.

Soul Food: The Surprising Story of an American Cuisine ...

Soul Food: The Surprising Story of an American Cuisine, One Plate at a Time by Miller, Adrian at AbeBooks.co.uk - ISBN 10: 146963242X - ISBN 13: 9781469632421 - The University of North Carolina Press - 2016 - Softcover

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Soul Food Soul Food: The Surprising Story of an American Cuisine, One Plate at a Time. Winner of the 2014 James Beard Foundation Book Award for Reference and Scholarship! On August 15, 2013, my first book, Soul Food: The Surprising Story of an American Cuisine, One Plate at a Time was published. I'm a very proud papa of this book (weighing in at 1 pound, 7 ounces, 333 pages long and dimensions of 9.4 x 6.4 x 1.2 inches) with much thanks to the University of North Carolina Press for a

...

Adrian E. Miller - Soul Food Scholar » Soul Food

Miller's first book, SoulFood: The Surprising Story of an American Cuisine, One Plate at a Time wonthe James Beard Foundation Award for Scholarship and Reference in 2014. Hissecond book, The President's Kitchen Cabinet: The Story of the AfricanAmericans Who Have Fed Our First Families, From the Washingtons to the Obamas was published on President's Day, 2017.

Soul Food: The Surprising Story of an American Cuisine ...

Soul Food: The Surprising Story of an American Cuisine, One Plate at a Time
Paperback – Illustrated, February 1, 2017 by Adrian Miller (Author)

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Soul Food: The Surprising Story of an American Cuisine, One Plate at a Time Adrian E. Miller is a self-described "recovering lawyer and politico"—he did time in the Clinton White House—who ditched...

The Real History of Soul Food: Where It Comes From and How ...

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Miller argues that the story is more complex and surprising than commonly thought. Four centuries in the making, and fusing European, Native American, and West African cuisines, soul food--in all its fried, pork-infused, and sugary glory--is but one aspect of African American culinary heritage.

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